

Informed Consent for UHC Psychiatry Department

IMPORTANT - PLEASE READ BEFORE YOU MEET WITH YOUR PSYCHIATRIST OR COUNSELOR

- UHC Psychiatry Department (Clinic D of the University Health Center) provides specialty mental health services and support to eligible patients of the University of Oregon Health Center. The UHC Psychiatry Services are available from 9:00 am – 4:00 pm, Monday through Friday, with few exceptions such as Official University holidays. A support/crisis telephone service is available during the hours when the Health Center is closed (University Counseling Center 541-346-3227, White Bird Clinic 541-687-4000).

SCOPE OF SERVICES PROVIDED

- The UHC Psychiatry Department has limited staff with a high demand for services. We try to accommodate all requests for services so if you are unable to attend your scheduled appointment, please notify the Health Center as soon as possible so that we may see another patient during that time. Due to the demand there is a penalty for missed appointments.
- The primary treatment modalities provided by the UHC Psychiatry Department are medication evaluation and treatment, supportive psychotherapy, patient education and coordination of care.
- To meet the needs of as many students as possible, most clients are seen for 30-minute appointments to manage medicines and provide supportive psychotherapy. If longer or more intensive treatment is required, we may coordinate a referral to another provider.
- Unless agreed upon by the psychiatrist, patients must be seen at least once per term to continue services in Clinic D.
- Student behavior while at UHC is subject to all applicable university policy and the UO Student Code of Conduct. In particular, Clinic D will not tolerate aggressive, demeaning or disrespectful behavior from patients. Behavior deemed unacceptable can result in termination from Clinic D. Patients who do not follow recommended course of treatment may be asked to sign an AMA (Against Medication Advice) form to continue receiving treatment.
- The UHC Psychiatry Department will not see referrals solely for emotional support animal letters.
- The UHC Psychiatry Department will not see referrals solely for the management of Attention-Deficit/Hyperactivity Disorder (ADHD).
- Once assigned a psychiatrist, we do not allow switching of clinicians, nor do we provide “second opinions”.
- If your treatment requires the use of controlled substances, you may be required to sign a controlled medication agreement contract. This may result in certain rules regarding these medicines, and you may be required to provide episodic urine drug screens.
- Transition of Care – post graduation/enrollment – we can provide up to 3 months prescription medication while the patient establishes care outside the University.

CONFIDENTIALITY

- The UHC Psychiatry Department provides confidential services to students, consistent with the parameters of state and federal law. The UHC Psychiatry Department will not release your information without your permission, with few exceptions. The Notice of Privacy Practices, available at <https://health.uoregon.edu/forms>, outlines the protections and limitations of the confidentiality of your health information.
 - Health and Safety Emergencies - given the nature of behavioral health services it is important to have current emergency contact information, should the need arise.

- Information regarding your health care may be shared internally among UHC staff, primarily for coordination of your care. UHC may exchange information regarding your treatment with other health care professionals for the purpose of coordinating your care without your consent, as specified by law. Please speak with your therapist if you have specific questions about confidentiality.

MISSED APPOINTMENT/LATE-CANCELLATION FEE:

- Each time a patient misses an appointment without providing proper notice, another patient is prevented from receiving care. In order to accommodate high patient demand by incentivizing timely cancellations, we charge a **\$35 fee** if you cancel your appointment with less than 24 hours' notice or do not show up for your appointment. For initial intake appointments, we charge a **\$60 fee** if cancellation is not within 48 hours. No show fees will be assessed to your student account.
- For initial intake appointments, if you do not show up for your initial intake twice, you may not be rescheduled with our providers.
- For all appointments, multiple no shows (i.e. greater than 3 missed appointments or late cancellations in one term) may result in termination from the department. After your second missed appointment, a staff member will reach out via phone and will send a certified letter, return receipt requested, notifying you that any additional no shows will result in termination of services. After your third no show, you may be terminated from the psychiatry department, in which case you will receive a letter via certified mail outlining the reasons for termination. Unless contraindicated, terminated patients will receive 4 weeks of medication and names of referral sources in the community that the patient can explore independently.
- We understand that on a rare occasion there may be extenuating circumstances that excuse a missed appointment. If you believe that we made an error in scheduling or you believe you deserve special consideration for a no show/late cancellation fee, please submit a written explanation to UHC within 14 days of your missed appointment. Your request will be reviewed and you will receive a decision via secure email sent to your email address. The written explanation may be sent to:

_____ (add email or contact).

By signing below, I acknowledge and consent to the terms as outlined above.

Full Name (Print): _____

Date: _____

Signature: _____

UO ID #: _____

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