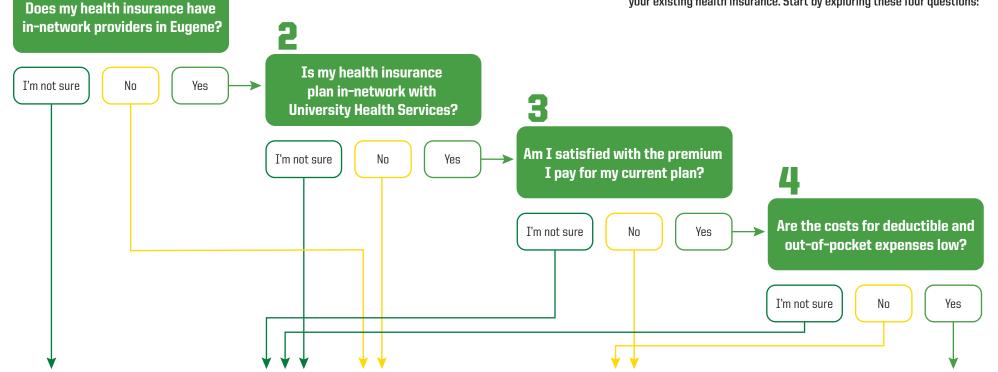


## **UO STUDENT HEALTH BENEFITS PLAN** DECISIONS-MAKING FLOW CHART

Making a good decision about health insurance coverage while at the University of Oregon starts by understanding the scope and limitations of your existing health insurance. Start by exploring these four questions:



Call your health plan and ask questions. Check their website and other resources to help you make an informed decision. Typically, you can find their phone number and website on the back of your insurance card. There is a deadline to enroll in the UO Student Health Benefits Plan each fall, so start digging to avoid missing out.

Consider the UO Student Health Benefits Plan! It is a federally certified gold-level plan with excellent benefits and portability (works across the country and includes international coverage). The UO plan is very affordable with a low deductible and cost-sharing. Good news! Your plan may work well while at the University of Oregon. Confirm that coverage meets your needs and don't forget to register your health plan with University Health Services. For those wanting extra peace of mind, consider adding the UO Student Health Benefits Plan as secondary coverage.